**WEEK 1 - MONDAY** 



### **Clients Arrival**

- Greeting Client upon arrival
- Centre Tour and getting comfortable
- Covid test (if symptomatic only)
- Welcome bags
- Fire procedures

# **Welcome Ceremony**

 Begin with a smudge or Kudlik lighting with all team members. Include the teaching of why we do this.

# Rights & Responsibilities + Overview of What to Expect

- Client Handbook
- Client Rights
- Program Outline Review
- Glogerm Activity

# **Checking In**

• Assigning key workers & team

**WEEK 1 - TUESDAY** 



### **08:00 AM**

Breakfast (Staff & Clients)

## 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

Sharing Circle

# 04:00 PM

**WEEK 1 - WEDNESDAY** 



### **08:00 AM**

• Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

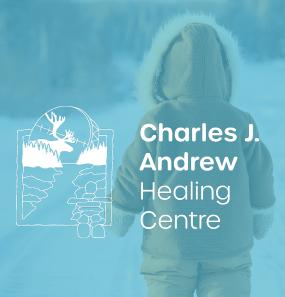
Play Time

# 03:30 PM

• Wrap Up and closing/Sharing Circle

# 04:00 PM

**WEEK 1 - THURSDAY** 



### **08:00 AM**

Breakfast (Staff & Clients)

## 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

## 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up and closing/Sharing Circle

# 04:00 PM

**WEEK 1 - FRIDAY** 



#### 08:00 AM

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up and closing/Sharing Circle

# 04:00 PM

**WEEK 1 - SATURDAY** 

# **08:00 AM**

• Breakfast (Staff & Clients)

# 09:45 AM

• Sharing Circle

## 12:00 PM

• Lunch (Staff & Clients)

## 04:00 PM



**WEEK 1 - SUNDAY** 

## **08:00 AM**

• Breakfast (Staff & Clients)

# 09:45 AM

• Sharing Circle

## 12:00 PM

• Lunch (Staff & Clients)

## 04:00 PM



**WEEK 3 - MONDAY** 



### **08:00 AM**

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up and closing/Sharing Circle

# 04:00 PM

**WEEK 3 - TUESDAY** 



### **08:00 AM**

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up and closing/Sharing Circle

# 04:00 PM

**WEEK 3 - WEDNESDAY** 



### **08:00 AM**

Breakfast (Staff & Clients)

## 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up and closing/Sharing Circle

# 04:00 PM

**WEEK 3 - THURSDAY** 



### **08:00 AM**

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up and closing/Sharing Circle

# 04:00 PM

**WEEK 3 - FRIDAY** 



### **08:00 AM**

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up and closing/Sharing Circle

# 04:00 PM

**WEEK 3 - SATURDAY** 

## **08:00 AM**

• Breakfast (Staff & Clients)

# 09:45 AM

• Sharing Circle

## 12:00 PM

• Lunch (Staff & Clients)

## 04:00 PM



**WEEK 3 - SUNDAY** 

## **08:00 AM**

• Breakfast (Staff & Clients)

# 09:45 AM

• Sharing Circle

## 12:00 PM

• Lunch (Staff & Clients)

## 04:00 PM



**WEEK 5 - MONDAY** 



### 08:00 AM

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 5 - TUESDAY** 



#### 08:00 AM

• Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 5 - WEDNESDAY** 



#### 08:00 AM

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 5 - THURSDAY** 



### **08:00 AM**

• Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 5 - FRIDAY** 



### 08:00 AM

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 5 - SATURDAY** 

## **08:00 AM**

• Breakfast (Staff & Clients)

# 09:45 AM

• Sharing Circle

## 12:00 PM

• Lunch (Staff & Clients)

## 04:00 PM



**WEEK 5 - SUNDAY** 

## **08:00 AM**

• Breakfast (Staff & Clients)

# 09:45 AM

• Sharing Circle

## 12:00 PM

• Lunch (Staff & Clients)

## 04:00 PM



**WEEK 7 - MONDAY** 



### 08:00 AM

• Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 7 - TUESDAY** 



### 08:00 AM

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

· Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 7 - WEDNESDAY** 



### **08:00 AM**

Breakfast (Staff & Clients)

## 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

# 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 7 - THURSDAY** 



### 08:00 AM

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 7 - FRIDAY** 



### **08:00 AM**

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

# 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 7 - SATURDAY** 

# **08:00 AM**

• Breakfast (Staff & Clients)

## 09:45 AM

• Sharing Circle

## 12:00 PM

• Lunch (Staff & Clients)

# 02:30 PM

• Snack/Break

## 04:00 PM



**WEEK 7 - SUNDAY** 



• Breakfast (Staff & Clients)

## 09:45 AM

• Sharing Circle

## 12:00 PM

• Lunch (Staff & Clients)

# 02:30 PM

• Snack/Break

## 04:00 PM



**WEEK 9 - MONDAY** 



### **08:00 AM**

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 9 - TUESDAY** 



#### 08:00 AM

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 9 - WEDNESDAY** 



### 08:00 AM

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 9 - THURSDAY** 



### **08:00 AM**

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

## 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 9 - FRIDAY** 



#### 08:00 AM

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 9 - SATURDAY** 



• Breakfast (Staff & Clients)

## 09:45 AM

• Sharing Circle

## 12:00 PM

• Lunch (Staff & Clients)

# 02:30 PM

• Snack/Break

## 04:00 PM



**WEEK 9 - SUNDAY** 



• Breakfast (Staff & Clients)

## 09:45 AM

• Sharing Circle

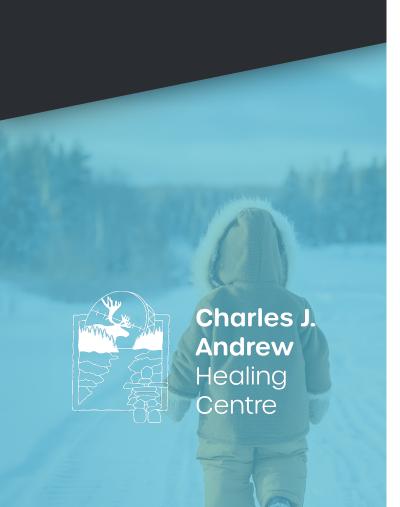
## 12:00 PM

• Lunch (Staff & Clients)

# 02:30 PM

• Snack/Break

## 04:00 PM



**WEEK 11 - MONDAY** 



#### 08:00 AM

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 11 - TUESDAY** 



### 08:00 AM

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 11 - WEDNESDAY** 



### 08:00 AM

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 11 - THURSDAY** 



#### 08:00 AM

• Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 11 - FRIDAY** 



### 08:00 AM

Breakfast (Staff & Clients)

### 08:45 AM

 Physical Activity (Facilitators Choice: hike/walk, yoga, stretch)

## 09:45 AM

• Adventure through Learning

#### 12:00 PM

• Lunch (Staff & Clients)

### 01:00 PM

Nap Time

## 02:30 PM

• Snack/Break

# 02:45 PM

Play Time

# 03:30 PM

• Wrap Up/Sharing Circle

# 04:00 PM

**WEEK 11 - SATURDAY** 



• Breakfast (Staff & Clients)

## 09:45 AM

• Sharing Circle

## 12:00 PM

• Lunch (Staff & Clients)

# 02:30 PM

• Snack/Break

## 04:00 PM



**WEEK 11 - SUNDAY** 



• Breakfast (Staff & Clients)

## 09:45 AM

• Sharing Circle

## 12:00 PM

• Lunch (Staff & Clients)

# 02:30 PM

• Snack/Break

## 04:00 PM

